

# LIVE HEALTHY TOTAL HEALTH DISCOUNT PLAN APPLICATION

## Member Information

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Street Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_

## Family Members (Date of birth is required to add spouse and legal dependents.)

First Name	MI	Last Name	DOB
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

## Membership Fee\* (Family members include member, spouse and legal dependents.)

Monthly  \$29.95  
Annually  \$269.00 \*Plus a one-time, non-refundable processing fee of \$20.00.

## Credit or Debit Card

Visa  MasterCard  Discover  American Express

Name of Card Holder: \_\_\_\_\_  
Credit/Debit Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

OR

## Bank Draft

Name of Account Holder: \_\_\_\_\_  
 Checking  Savings Please include a voided check with this application.  
Name of Bank: \_\_\_\_\_ State of Bank: \_\_\_\_\_  
Routing Number (9 numbers at the bottom left-hand section of the check): \_\_\_\_\_  
Account Number: \_\_\_\_\_

## Payment Authorization/Membership Terms and Conditions

I authorize Careington International Corporation to bill my credit/debit card or my checking account for this program; it will remain in force until I notify them in writing to cancel. Processing will be delayed on applications without a form of payment. Charges will appear as "Careington International Corporation" on your monthly statement. Please keep the brochure portion for your records. You will receive your welcome kit after we process your application.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

You can mail your application to: Careington International Corporation, P.O. Box 2568, Frisco, TX 75034-9929 or fax it to: (888) 335-7330.

Agent Code: \_\_\_\_\_ Group Code: CITC14

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## TERMS & CONDITIONS

**Renewal Conditions:** By joining a plan, you are authorizing Careington International Corporation (Careington) to bill your credit card or checking account for the plan you have selected. This charge shall renew until you notify Careington in writing of its cancellation. By joining you indicate you have read the terms and conditions of the plan. *This plan will automatically renew at the end of your membership term, and your credit card or bank account will be automatically charged or drafted for the appropriate amount.* **Termination Conditions:** Careington reserves the right to terminate plan members from its plan for any reason, including non-payment. If Careington terminates the plan or your membership for a reason other than non-payment, you will receive a pro-rata refund of your membership fees. **Cancellation Conditions:** You have the right to cancel within the first 30 days after effective date or receipt of membership materials (whichever is later) and receive a full refund, less the processing fee, if applicable. If for any reason during this time period you are dissatisfied with the plan and wish to cancel and obtain a refund, you must submit a written cancellation request. Careington will accept cancellation requests at any time and will stop collecting membership fees in a reasonable amount of time, but no later than 30 days after receiving a cancellation notice. Please send a cancellation letter and a request for refund with your name and member ID to Member Services, Careington International Corporation, P.O. Box 2568, Frisco, TX 75034 or fax to 888-335-7330. You may also submit cancellation requests by email: member@careington.com. When you cancel, you will continue to have access to the plan for the remainder of the period for which you have paid; your membership will terminate at the end of that period. The preceding sentence does not apply to quarterly, semi-annual or annual memberships in FL, ND and OK, where you will receive a pro-rata refund whenever you cancel. **Description of Services:** Please see the enclosed materials for a specific description of the programs included in your plan. **Limitations, Exclusions & Exceptions:** This plan is a discount membership program offered by Careington. Careington is not a licensed insurer, health maintenance organization or other underwriter of health care services. No portion of any provider's fees will be reimbursed or otherwise paid by Careington. Careington is not licensed to provide and does not provide health care services or items to individuals. You will receive discounts for services at certain health care providers who have contracted with the plan. You are obligated to pay for all health care services at the time of service. Savings are based upon the provider's normal fees. Actual savings will vary depending upon location and specific services or products purchased. Please verify such services with each individual provider. The plan's discounts may not be used in conjunction with any other discount plan or program. All listed or quoted prices are current prices by participating providers and subject to change without notice. Any procedures performed by a non-participating provider are not discounted. From time to time, certain providers may offer products or services to the general public at prices lower than the discounted prices available through this plan. In such event, members will be charged the lowest price. Discounts on professional services are not available where prohibited by law. This plan does not discount all procedures. Providers are subject to change without notice and services may vary in some states. It is the member's responsibility to verify that the provider participates in the plan. At any time Careington may substitute a provider network at its sole discretion. Careington cannot guarantee the continued participation of any provider. If the provider leaves the plan, you will need to select another provider. Providers contracted by Careington are solely responsible for the professional advice and treatment rendered to members and Careington disclaims any liability with respect to such matters. **Complaint Procedure:** If you would like to file a complaint regarding your plan membership, you must submit your complaint in writing to: Careington International Corporation, P.O. Box 2568, Frisco, TX 75034. You have the right to request an appeal if you are dissatisfied with the complaint resolution. After completing the complaint resolution process, if you remain dissatisfied you may contact your state insurance department.

LIVE HEALTHY  
TOTAL HEALTH  
DISCOUNT PLAN



Careington  
SOLUTIONS SIMPLIFIED®

# Get the health care savings you deserve.

Tests and procedure bills can really start to add up. With the Live Healthy Total Health Discount Plan, members receive great discounts on significant services such as blood tests, hearing aids, diabetic care supplies and more. Discounts at participating fitness facilities are also available, and members will enjoy a free introductory session or one-week trial.

This isn't insurance, so you can use it right away with unlimited usage. Just become a member and show your member ID card to any participating provider near you to receive your discount.

## Why this plan?



You'll be accepted – everyone is!



You can use the plan as many times as you need it, with no administrative forms to file.



Your membership can include family members.



You can cancel in 30 days and receive a full refund, less your processing fee.

**Disclosures: THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance.** This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at [www.careington.com/members](http://www.careington.com/members). A written list of participating providers is available upon request. You may cancel within the first 30 days after effective date or receipt of membership materials (whichever is later) and receive a full refund, less a nominal processing fee (nominal fee for MD residents is \$5, AR and TN residents will be refunded processing fee). Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

This plan is not available in Vermont or Washington.

## What's Included in This Plan

### Dental

Save 5% to 60% on most dental procedures including routine oral exams, unlimited cleanings and major work such as dentures, root canals and crowns through one of the largest dental networks nationally with a focus on neighborhood dentists.

### Vision

VSP Vision Savings Pass is a discount vision program that offers savings on eye care and eyewear. Members receive Exclusive Member Extras and special offers in addition to access to discounts through trusted, private-practice VSP doctors on eye and contact lens exams, glasses, and sunglasses.

**This plan is not insurance.**

*Not available in WA.*

### Vision Correction Surgery

#### QualSight LASIK

*Serving you with Quality, Choice & Savings*

- Members will receive savings of 40% to 50% off the overall national average cost for Traditional LASIK surgery through QualSight. Members can receive significant savings on newer procedures like Custom Bladeless (all laser) LASIK.
- QualSight has more than 1,000 locations, so members can choose the provider and the LASIK procedure that meet their vision care needs.

The QualSight program is not an insured program.

*Product not available in MT*

### Medical Information

eDocAmerica is an online health and wellness service that provides 24/7 unlimited access to physicians, psychologists, pharmacists, dentists, dietitians, fitness trainers, alternative medicine doctors and eye doctors for routine medical questions and information.

### Prescription Discounts

Members have access to prescription drug savings that can be between 15% to 60% off the retail price of generic drugs and 10% to 25% off the retail price of brand name drugs at over 68,000 participating pharmacies nationwide.

### Lab Services

DirectLabs (DLS) is the leader in direct access laboratory testing. DLS offers a wide variety of important health and wellness blood chemistry tests at discounted prices, saving members 10% to 80% off regular retail pricing at over 3,000 certified labs nationwide.\*

*\*Not available in HI, MD, NY, NJ, RI or MA*

*\*\*ND, SD, and VT offer Specialty Lab testing only.*

### Telemedicine

DialCare is a modern, easy-to-use telemedicine solution for non-emergency illnesses and general care. Members and their families have direct access to state-licensed and fully credentialed physicians, via phone or video consultations, to receive treatment and advice for common ailments, including colds, the flu, rashes and more.

Physicians are available 24 hours a day, 365 days a year, allowing members and their families convenient access to quality care from home, work or on the go.

### Alternative Health & Wellness With Fitness

Receive a 25% discount off regular fees for services and 10% off fitness club initiation fees and/or monthly dues.

### 24-Hour Nurse Line

Carenet's Nurse Line is available 24/7 to assist with members' health concerns. Registered nurses are available to answer questions, assess symptoms and provide care recommendations.

### Diabetic Testing Supplies

Global Total Health offers all-inclusive, wholesale pricing to members on the world's most advanced diabetic testing meters and more. In addition to a free, talking, easy-to-read meter, members will have access to savings of 52% – 72% off of the highest quality diabetic supplies.

### Hearing Care

Save 40% on diagnostic services, including hearing exams, at over 3,800 provider locations nationwide.

### Weight Management

Members receive discounts on Profile meal replacement products, advice on healthy grocery store foods, tracking tools and ongoing support from your personal coach.

# This plan starts at

**\$29<sup>95</sup>**  
per month\*

OR

**\$269**  
per year\*

*\*Plus a one-time, non-refundable processing fee of \$20.00.*

## How to Join This Plan

### PHONE

(800) 400-8789  
Monday – Friday  
7 a.m. – 7 p.m. CT

### WEBSITE

[www.careington.com/members](http://www.careington.com/members)

### APPLICATION

Complete the application on the back, and mail it to us at your convenience.

